

# ST. MICHAEL'S COLLEGE SCHOOL SUMMERCAMPS 2020



Online

Co-ed

Ages 10 and up

60 minute daily sessions

Academics, Arts, Athletics options

July and August

## OUR DIFFERENCE

Certified teachers and coaches.

Engaging Academic, Arts and Athletics options.

Fun-filled learning and skill development.

## CAMP THEMES

Makers	Athlete	Arts
Math	Performance	Theatre
Literacy	Hockey	Public Speaking
General	Volleyball	Creative Writing
Learning Skills	Basketball	
	Lacrosse	

starting at **\$100 per weekly session + HST**

Register: **SMCSCAMPS.COM**

More Info: **CAMPS@SMCSMAIL.COM**



@SMCS1852

**REGISTER TODAY! SMCSCAMPS.COM**



ST. MICHAEL'S  
COLLEGE SCHOOL

Under the direction of the Basilian Fathers

## JULY 6-10

### ACADEMICS

#### **Makers Camp** \$200 per week

##### **Ages 10-14**

Campers will problem solve, invent, and innovate while developing their coding, 3D printing, engineering, and programming skills. Included in the price of the programme is the Makey Makey Kit (invention tool kit), for campers to keep.

### ARTS

#### **Arts Camp** \$100 per week

##### **Ages 10-14**

Aspiring artists will create, explore, and experiment with a variety of artistic techniques, refining their skills while they develop their creativity. Participants will need access to pencil, pencil crayons, scissors, glue, paint, paint brushes and a canvas.

### ARTS

#### **Public Speaking Camp** \$100 per week

##### **Ages 10-14**

Tailored to help campers discover and develop their voice, learning verbal and non-verbal techniques, so that they can speak with strength and confidence in every situation. Participants will need access to pen and paper, or a device with word processing capability.

### ATHLETICS

#### **Volleyball Camp** \$100 per week

##### **Ages 10-14**

Designed to develop passing and hitting skills, footwork and general physical literacy. Campers will participate in a variety of drills, activities and competitive games to foster their development. Participants will need access to a volleyball.

## JULY 6-10

### ATHLETICS

#### **Soccer Camp** \$100 per week

##### **Ages 10-14**

Designed for campers looking to improve their passing, shooting and dribbling skills through a variety of drills and competitive games. Participants will need access to a soccer ball and a safe space to facilitate shooting drills.

### ATHLETICS

#### **Hockey Camp** \$100 per week

##### **Ages 10-14**

Designed for players competing at the Rep level, campers will participate in drills, activities and competitive games designed to strengthen abilities in every area of the sport. Participants will need access to a hockey stick, ball, puck, rollerblades, and a hockey net.

### ATHLETICS

#### **Athlete Performance Camp**

\$200 per week

##### **Ages 12-14**

Strength and Conditioning programme for the motivated and driven student-athlete looking to make an impact at the next level. Athletes will learn the fundamentals of strength training, stability, and mobility, while being taught about optimal nutrition, injury prevention and recovery strategies by expert coaches.

Required items:

- Yoga/exercise mat
- Resistance loops
- Resistance bands

Approximate cost for these materials is \$40.

Additional information about how to obtain these materials will be provided upon registration.

## JULY 13-17

### ACADEMICS

#### **Makers Camp** \$200 per week

##### **Ages 10+**

Campers will problem solve, invent, and innovate while developing their coding, 3D printing, engineering, and programming skills. Included in the price of the programme is the Makey Makey Kit (invention tool kit), for campers to keep.

### ARTS

#### **Theatre Camp** \$100 per week

##### **Ages 10+**

Aspiring performers will develop and explore skills in a variety of areas including improvisation, character development, script writing, and acting for film, theatre and musicals.

### ARTS

#### **Public Speaking Camp** \$100 per week

##### **Ages 10+**

Tailored to help campers discover and develop their voice, learning verbal and non-verbal techniques, so that they can speak with strength and confidence in every situation. Participants will need access to pen and paper, or a device with word processing capability.

### ARTS

#### **Creative Writing Camp**

\$100 per week

##### **Ages 10+**

Young writers will learn how to create vivid worlds, action-packed adventures, and characters that come to life on the page, all while developing their storytelling abilities. Participants will need access to pen and paper, or a device with word processing capability.

#### NOTE:

\* All camp pricing listed does not include HST.

\*\* Pricing and session length of August camps may differ.



## JULY 13-17

### ATHLETICS

#### **Basketball Camp** \$100 per week

##### **Ages 10+**

Focused on developing dribbling, passing, and shooting skills through a variety of drills, activities and competitive games. Participants will need access to a basketball and basketball net.

### ATHLETICS

#### **Lacrosse Camp** \$100 per week

##### **Ages 10+**

Tailored to participants with previous lacrosse experience, campers will learn the fundamentals of the sport and refine foundational stick skills through a variety of drills, activities and competitive games. Participants will need access to a lacrosse stick, lacrosse ball and a net. A safe space to facilitate passing and shooting drills is also required.

### ATHLETICS

#### **Athlete Performance Camp**

\$200 per week

##### **Ages 12-14**

Strength and Conditioning programme for the motivated and driven student-athlete looking to make an impact at the next level. Athletes will learn the fundamentals of strength training, stability, and mobility, while being taught about optimal nutrition, injury prevention and recovery strategies by expert coaches.

Required items:

- Yoga/exercise mat
- Resistance loops
- Resistance bands

Approximate cost for these materials is \$40.

Additional information about how to obtain these materials will be provided upon registration.

## AUGUST 10-14

### ACADEMICS

#### **Literacy Camp** \$315

##### **SMCS students entering Grade 9**

Recognizing the challenges of the previous school year for students and their families, the SMCS Literacy Camp provides students entering Grade 9 with the opportunity to enhance core literacy skills. Through a variety of creative and collaborative activities, students will develop their written, verbal, and visual communication skills, and cultivate competence in critical reading and text analysis. This programme is designed to develop existing literacy skills, address potential gaps in understanding, and to support students' transition into high school English.

## AUGUST 17-21

### ACADEMICS

#### **Math Camp** \$315

##### **SMCS students entering Grade 9**

Recognizing the challenges that the previous school year for students and their families, the SMCS Math Camp offers students entering Grade 9 the opportunity to consolidate and strengthen their numeracy skills. The programme is designed to develop confidence with existing math skills, address potential gaps in understanding, and to support the transition into secondary school mathematics. The programme will also develop social relationships while familiarizing students with St. Michael's teaching and learning environment.

### ACADEMICS

#### **General Learning Skills Camp** \$315

##### **SMCS students entering Grade 9**

The General Learning Skills (GLS) camp provides students entering Grades 7 and 8 with the opportunity to grow and develop their learning skills and work habits in an interactive supportive environment. Working individually and in groups, students will develop critical thinking, problem-solving, organizational and social skills aimed at supporting their success both inside and outside the classroom. Recognizing the challenges of the previous school year for students and their families, this programme will have an explicit focus on literacy and numeracy skills to address any potential gaps that might exist and support preparedness for St. Michael's classroom curriculum.

#### **NOTE:**

\* All camp pricing listed does not include HST.

\*\* Pricing and session length of August camps may differ.